

### **Getting Started**

1. For women: In what way(s) have you been guilty of trying to control others (doesn't necessarily have to be a spouse)?
  
2. Why do you think we try to control others/situations? (Everyone can answer, because everyone does it!)

### **Into the Bible**

3. Proverbs 28:25 in the New King James says, "He who is of a proud heart stirs up strife, but he who trusts in the Lord will be prospered." What stands in opposition to human pride?

- a. Who are you relying on when you try to control situations or people?
- b. Read James 4:6. What will God do with a proud person? A humble person?

4. Read Matthew 6:25-34. What is Jesus saying through these illustrations?

- a. How can this apply to our relationships with others?

5. It can be discouraging and also difficult to trust God with someone close to you who is not following Him, or not following as closely as they should. How can Isaiah 65:1 encourage us when in this position?

6. Read Proverbs 3:5-6, and ask God for new revelation on this passage. How do we tend to "lean on our own understanding", and how does that give us the desire to control? What's the cure?

### **Application**

7. What can we do, practically, when our spouse/adult child/close friend is making decisions that are negatively affecting us? How do we "fix" it?

8. What might be your first step to developing greater trust in the Lord?

